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Your Kupz Runneth Over

July 23, 2009; 3:00 am by [Leigh Goldman Balber](#)

Getting a child to take medicine can be a risky business - the clamped mouth, the spillage, the drama. And it inevitably leads to you offering a "chaser" for Junior to take after he sips the vile-tasting liquid.



The problem is said chaser is usually loaded with sugar. Perennial favorite Mott's apple juice has 28 grams of sugar per serving, M&M's 27 grams, and Oreos (three cookies) 14 grams. Enter KidKupz. It's a dispensing cup with a candy-coated rim that resembles bits of lollipop. With only two grams of sugar and no high-fructose corn syrup, KidKupz probably won't give your little one a sugar high before bedtime. The green apple, watermelon, sour cherry and blue raspberry flavors are as good as any Jolly Rancher. KidKupz come six per pack, and each "kup" has standard dosage markings.

Because who needs more drama?

Available at [kidkupz.com](#).